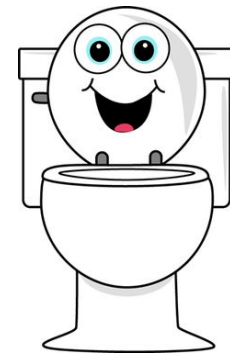




# MACARTHUR CHILDREN'S DEVELOPMENTAL CLINIC



## Toilet Training



Toilet training is a complex skill with many steps to becoming independent.

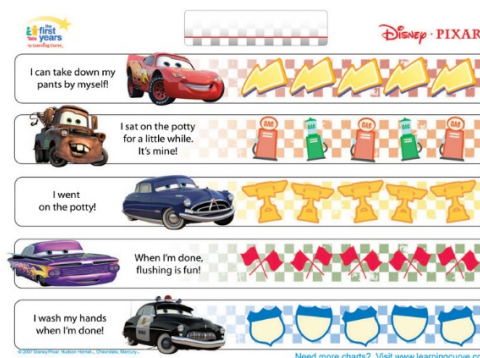
Every child is different in the time it takes for them to be independent, in the order they learn the skills and their motivation to learn. Some important steps to remember when toilet training include:

1. Your child's ability to manage their clothing, specifically removing and pulling on their pants and underwear.
2. Your child's ability to follow a routine, there are many steps involved in going to the toilet.
3. Your child's ability to get on and off the toilet.
4. Your child's awareness of being wet and dry.
5. Your child's awareness of the feeling of needing to go to the toilet.
6. Your child's motivation to be toilet trained.



There are also many factors that may impact your child's willingness to be toilet trained;

- Previous negative or unsuccessful experiences
- Sensory aversions to the environment
- Fear of accidents
- Comfort in the environment



*If you have concerns with your child's toilet training progress an Occupational Therapist can help.*