



MACARTHUR CHILDREN'S DEVELOPMENTAL CLINIC



Developmental Milestones

9 – 12 months

Physical:

- Pass objects easily from one hand to the other
- Sit unsupported
- Move around by crawling
- Pull up to standing
- Walk while holding on to furniture
- Stand by themselves and take a few steps forward by 11-13 months

Hearing and Talking:

- Look for quiet sounds made out of sight
- Shake their head for no and nod their head for yes
- Babbles loudly
- Know and respond to their own name by 12 months
- Understand anywhere from 3-50 words
- Babbling develops further. Can say 3 'words' such as mama, dada by 12 months

18 months

Physical:

- Walk
- Climb on to low furniture
- Place objects such as 3 small blocks on top of each other
- Use a spoon right side up
- Pick up small objects

Hearing and Talking:

- Point to one or two body parts
- Follow a few simple instructions
- Identify a few familiar objects when they are named
- Use at least 50-100 words

2 years

Physical:

- Explore more widely
- Run fast without falling over
- Get up without using their hands

Hearing and Talking:

- Use at least 200-300 words
- Start to put 2 words together
- Speech is 50% intelligible
- Begin to understand and use questions about object (*what?*), people (*who?*), *where* and basic events (*what doing*)
- Remember 2 things at a time
- Join in with songs and rhymes
- Point to 6 body parts
- Tell you most of what they want with words

Literacy (the following are expected by 2 years):

- Enjoys joint book reading
- Learns to hold book right-side up
- Learns to turn pages
- Learns to distinguish print from pictures
- May pretend to read when others are reading
- Learns to hold a crayon and scribble



2 ½ years

Doing:

- Climb on and off furniture
- Stack 5-6 blocks
- Climb up stairs
- Feed themselves with a spoon, and drink from an open cup
- Help to dress and undress themselves

Hearing and Talking:

- Understand a lot more than they can say
- Begin to use and understand *why* questions
- Put words into short sentences
- Talk during play
- Realise that language can get others to respond

3 years

Doing:

- Push or pull large wheeled toys around
- Walk alone up and down stairs
- Stand and walk on tiptoe
- Jump with both feet
- Kick a ball forcefully
- Throw and catch a ball
- Eat with spoon and fork
- Begin to manage toileting
- Know that they are a girl or a boy

Hearing and Talking:

- Talk clearly enough for strangers to understand some of what they say (approximately 75% intelligible)
- Use pronouns such as *me* and *you* correctly
- Listen to stories and often ask for favourite stories

3-4 years

Doing:

- Climb ladders
- Hop without losing balance
- Learn to cut with scissors
- Roll or bounce a ball
- Manage toileting. They may still have accidents when stressed, tired or forget

Hearing and Talking:

- Talk in complex sentences that are mostly grammatically correct
- Enjoy stories and jokes
- Say things most people can understand
- Ask lots of questions such as *how* and *why*
- Can tell you how old they are
- Can talk about what happened yesterday

Literacy (the following are expected by 5 years):

- Learns left-right progression of print
- Learns that print is stable
- Learns to recognize and name letters, and that letters have sounds
- Learns to recognise name in print, and to write own name
- Distinguishes drawing from writing

